

## CRISIS RESOURCES FOR PARENTS

Alcohol Drug Abuse Help & Resource Center Call **1-888-435-7711**

Arapahoe / Douglas Mental Health Network *Crisis help at* **303-730-3303**

Cyber Tip Line *Report suspected internet predators at* [www.cybertipline.com](http://www.cybertipline.com) *or call the 24/7 hotline at* 1-800-843-5678.

Disaster Distress Helpline *Those who have experienced a fire, flood, tornado, or other traumatic event can talk with an understanding professional by calling* **1-800-985-5990** *or by texting* **TalkWithUs** *to* **66746**.

Families First - Support Line **1-800-CHILDREN**

Fussy Baby Warmline *can provide understanding and support at* **1-877-6CRYCARE**. *And here are tips to calm a crying baby.*

Human Trafficking Hotline **1-888-3737** *The hotline has received 123 crisis calls and 600 tips from Colorado. If you know or suspect that someone is a victim of forced labor or coerced sex, the 24/7 line is completely confidential.*

Lost and Missing Children Hotline-- *If you think you have seen a missing child call the 24-hour hotline at* **1-800-THE-LOST**. *The hotline also provides support for parents of missing children.*

National Alcoholism & Substance Abuse Info Center *Get help at* **1-800-7846776**

National Suicide Prevention 24/7 Life Line **1-800-273-TALK**

National Runaway Safeline **1-800-RUNAWAY**

Parent Hotline *For help with a struggling teen call* **1-800-840-6537**

Prevent Child Abuse Colorado **1-800-CHILDREN**

Rape Crisis Hotline (RAAP) Rape Assistance & Awareness Program 24-hour hotline **303-322-7273**

Safe2Tell Hotline - Bullying, Violence, Suicide Prevention **1-877-542-SAFE**

The Trevor Project - GLBTQ Youth Suicide Prevention **1-866-488-7386**

