Alcohol Drug Abuse Help & Resource Center Call 1-888-435-7711

Arapahoe / Douglas Mental Health Network Crisis help at 303-730-3303

Cyber Tip Line Report suspected internet predators at www.cybertipline.com or call the 24/7 hotline at 1-800-843-5678.

Disaster Distress Helpline Those who have experienced a fire, flood, tornado, or other traumatic event can talk with an understanding professional by calling 1-800-985-5990 or by texting TalkWithUs to 66746.

Eating Disorder HelpLine (NEDA) Call the Helpline at (800) 931-2237 or chat online. The line is open 9-5 Monday through Friday but if you leave a message after hours they will get back to you promptly.

Families First - Support Line 1-800-CHILDREN

Fussy Baby Warmline can provide understanding and support at 1-877-6CRYCARE. And here are tips to calm a crying baby.

Human Trafficking Hotline 1-888-3737 The hotline has received 123 crisis calls and 600 tips from Colorado. If you know or suspect that someone is a victim of forced labor or coerced sex, the 24/7 line is completely confidential.

Hunger Free Hotline 1-855-855-4626 The Hotline can help you locate food banks, local food programs, or where to go for SNAP benefits.

Lost and Missing Children Hotline-- If you think you have seen a missing child call the 24-hour hotline at 1-800-THE-LOST. The hotline also provides support for parents of missing children.

National Alcoholism & Substance Abuse Info Center Get help at 1-800-7846776

National Suicide Prevention 24/7 Life Line 1-800-273-TALK

National Runaway Safeline 1-800-RUNAWAY

Parent Hotline For help with a struggling teen call 1-800-840-6537

Prevent Child Abuse Colorado 1-800-CHILDREN

Rape Crisis Hotline (RAAP) Rape Assistance & Awareness Program 24-hour hotline 303-322-7273
Safe2Tell Hotline - Bullying, Violence, Suicide Prevention 1-877-542-SAFE

The Trevor Project - GLBTQ Youth Suicide Prevention 1-866-488-7386